Job Description Physical Therapist

Location: Santa Rosa, Calif.

Schedule: Monday-Friday, 8:00 a.m.-5:00 p.m.

**Summary:** Provide physical therapy treatment to patients who have health conditions that limit their ability to move and perform everyday activities. Restore patient physical function and mobility, and work to promote overall wellness and quality of life.

## Duties and Responsibilities (includes, but is not limited to the following):

- Evaluates and records patient's progress, modifying treatment plans as indicated.
- Restores patient's function, alleviates pain, and prevents disabilities by planning and administering medically prescribed physical therapy.
- Provides quality care by assessing and interpreting evaluations and test results.
- Determines physical therapy treatment plans in consultation with physicians.
- Helps patients accomplish treatment plan by administering exercises, manual therapy interventions, and using modalities as necessary.
- Evaluates the use and fit of prosthetic and orthotic devices by observing and noting patient's progress; and recommending adjustments and modifications.
- Documents patient care services in a timely and accurate manner in the patient record.
- Instructs patients in proper in-home exercises and therapies.
- Educates patients and their families about the recovery process and the challenges they will face.
- Updates job knowledge by participating in educational opportunities, reading periodicals, maintaining personal networks, and participating in professional organizations.
- Enhances physical therapy reputation by accepting ownership for accomplishing new and different requests and exploring opportunities to add value to the profession and organization.
- Attends meetings as required.
- Perform other duties as assigned.

### Supervisory

• Indirectly supervises Physical Therapy Assistants and Physical Therapy Aides interacting with patients for whom the Physical Therapist is the attending clinician.

## Education, Licensure and/or Certifications

- DPT, MS or BS in Physical therapy from an accredited school.
- Licensed as a physical therapist in the State of California or eligible.
- Basic life support (BLS) certification.

# Experience

• One year of physical therapy experience preferred.

### Knowledge, Skills and Abilities

- Ability to provide clear health care instructions.
- Knowledge of, and ability to operate medical diagnostic equipment.
- Plan health care treatments and treat a wide variety of physical problems.
- Possess strength and coordination.
- Skill in maintaining records and recording test results.
- Skill in establishing and maintaining effective working relationships with patients, medical staff, and the public.

- Ability to listen effectively and communicate clearly verbally and in writing.
- Ability to effectively motivate clients to achieve physical therapy goals.
- Excellent time management skills.
- Exercise complex problem-solving skills
- Provide effective instruction and teaching skills.
- Possess basic computer skills.

**Physical Demands:** The physical demands described here are representative of those that may need to be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

- Requires full range of body motion, manual and finger dexterity sufficient to operate office equipment and hand eye-hand coordination.
- May require prolonged sitting, some bending, stooping and stretching.
- Involves standing and walking.
- Requires lifting and carrying items weighing up to 50 pounds.
- · Requires normal visual acuity and hearing.
- · Requires exposure to bodily fluids.

**Work Environment:** The work environment characteristics described here are representative of those an employee may encounter while performing the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

Frequent exposure to communicable diseases, toxic substances, and ionizing radiation, medicinal preparations and other conditions common to a clinic environment.