Job description

Position title: Physical Therapy Assistant

Location: Santa Rosa, Calif.

Schedule: Monday-Friday, 8:00 a.m.-5:00 p.m.

Summary

Provides physical therapy treatment under the supervision of licensed physical therapists, including the use of modalities, manual techniques, functional movement training/neuromuscular re-education and common exercise techniques. Patient demographics vary but include acute post-operative patients 1-2 weeks post op.

Duties and responsibilities

(Includes, but is not limited to the following):

- Promotes and maintains health by providing physical therapy services under the supervision of a physical therapist.
- Contributes to a physical therapist's effectiveness by identifying patient care issues.
- Administers treatment programs for patients.
- Assess patient health by interviewing patients, performing physical examinations, and obtaining, updating, and studying therapy histories.
- Evaluates abnormal conditions by reviewing physical therapist's interpretations of patient evaluations and test results.
- Documents patient care services in a timely and accurate manner in the patient record.
- Performs therapeutic procedures by administering exercises, manual therapy interventions, and instructing, encouraging, and assisting patients in performing physical activities, ambulatory functional activities, and daily living activities.
- Helps patients in using supportive devices, such as crutches, canes, and prostheses.
- Maintains a safe and clean working environment by complying with procedures, rules and regulations, and adhering to infection-control policies and protocols.
- Attends meetings as required.
- Regular and reliable attendance is required to perform the functions of this position.
- Perform other duties as assigned.

Supervisory

This position has no direct supervisory responsibilities.

Education, licensure and/or certifications

- Associates degree for physical therapy assistant.
- Licensed as PTA in California.

Experience

- New grads accepted; great learning experience and on-site mentorship per supervisor availability.
- Previous healthcare experience preferred, but not required.
- Knowledge of medical terminology desirable.

Word processing and computer experience.

Knowledge, skills and abilities

- Ability to establish and maintain effective working relationships with patients, employees and the public.
- Ability to speak clearly and concisely.
- Ability to promote health and maintenance.
- Ability to read, understand and follow oral and written instructions. Skill in operating a computer and other office equipment (i.e., scanner, fax, etc.)
- Skill in answering the telephone in a pleasant and helpful manner.
- Knowledge of grammar, spelling and punctuation to type patient information.

Physical demands

The physical demands described here are representative of those that may need to be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

- Requires prolonged standing and working on your feet (70 90% of the day).
- Requires working at a computer while standing or sitting.
- Requires eye-hand coordination and manual dexterity sufficient to operate a keyboard, photocopier, telephone, calculator and other office equipment.
- Requires normal range of hearing and eyesight to record, prepare and communicate appropriate reports.
- Requires lifting papers or boxes up to 50 pounds occasionally.
- Requires dexterity to type 60 wpm.

Work environment

The work environment characteristics described here are representative of those an employee may encounter while performing the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

Work is performed in a clinic environment and involves frequent contact with patients and staff.