

Job description

Position Title: Certified Hand Therapist
Location: Santa Rosa, Calif.
Schedule: Monday-Friday, 8:00 a.m.-5:00 p.m.

Summary

A hand therapist is an occupational therapist or physical therapist who, through advanced study and experience, specializes in treating individuals with conditions affecting the hands and upper extremity. A qualified hand therapist can evaluate and treat any problem related to the upper extremity.

Duties and responsibilities

(includes, but is not limited to the following):

- Evaluates and records patient's progress, modify treatment plans as indicated.
- Restores patient's function, alleviates pain, and prevents disabilities by planning and administering medically prescribed therapeutic interventions.
- Provides quality care by assessing and interpreting evaluations and test results.
- Determines therapy treatment plans in consultation with physician.
- Helps patients accomplish treatment plans by administering exercises, manual therapy techniques and using modalities as necessary.
- Fabricates orthotic devices and adjusts fit as needed.
- Documents patient care services in a timely and accurate manner in Ehr.
- Instructs patients and their families about the recovery process and the challenges they will face.
- Updates job knowledge by participating in educational opportunities, reading periodicals, maintaining personal networks, and participating in professional organizations.
- Enhances physical therapy reputation by accepting ownership for accomplishing new and different requests and exploring opportunities to add value to the profession and organization.
- Attends meetings as required.
- Perform other duties as assigned.

Supervisory

- Supervises Occupational Therapy Assistants and Occupational Therapy Aides interacting with patients for whom the Occupational Therapist is the attending clinician.

Education, licensure and/or certifications

- MS or BS in OT or PT from an accredited school.
- Licensed as a physical therapist in the state of California or eligible.
- Licensed as an occupational therapist in the state of California or eligible.
- Certified Hand Therapist
- Basic life support (BLS) certification.

Experience

- One to three years of work experience of hand and upper extremity therapy/rehabilitation.

Knowledge, skills and abilities

- Ability to provide clear health care instructions.
- Knowledge of and ability to operate medical diagnostic equipment.
- Plan health care treatments and treat a wide variety of physical problems.
- Possess strength and coordination.
- Skill in maintaining records and recording test results.
- Skill in establishing and maintaining effective working relationships with patients, medical staff, and the public.
- Ability to listen effectively and communicate clearly verbally and in writing.
- Ability to effectively motivate clients to achieve physical therapy goals.
- Excellent time management skills.
- Exercise complex problem-solving skills
- Provide effective instruction and teaching skills.
- Possess basic computer skills.

Physical demands

The physical demands described here are representative of those that may need to be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

- Requires full range of body motion, manual and finger dexterity sufficient to operate office equipment and hand eye-hand coordination.
- May require prolonged sitting, some bending, stooping and stretching.
- Involves standing and walking.
- Requires lifting and carrying items weighing up to 50 pounds.
- Requires normal visual acuity and hearing.
- Requires exposure to bodily fluids.

Work environment

The work environment characteristics described here are representative of those an employee may encounter while performing the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

- Frequent exposure to communicable diseases, toxic substances, and ionizing radiation, medicinal preparations and other conditions common to a clinic environment.