

## SRO: Your First Step Toward Better Health

### Touching Lives. Improving Vitality.

As part of the extraordinary continuum of care, SRO offers Sonoma County's premier Sports Medicine and Rehabilitation Center—a state-of-the-art, 10,000 sq. ft. facility equipped with specialized technology designed to enhance patient recovery and rehabilitation.

Our experienced and highly skilled physical and occupational therapists have completed extensive post-graduate education in Orthopaedics and Sports Rehabilitation, and stay current on the most effective approaches to injury prevention and rehabilitation. They evaluate and treat a wide range of musculoskeletal dysfunctions, including acute injuries, degenerative conditions, and athletic and work related injuries. The therapists and physicians work closely together to ensure consistently superb rehabilitation of post-surgical patients.

### SRO Sports Medicine and Rehabilitation Innovative Programs

#### Sportsmetrics™

This is the first training program scientifically proven to decrease serious knee injuries in middle school, high school and college-aged female athletes. Call 546-1922 x 5404 for more information.

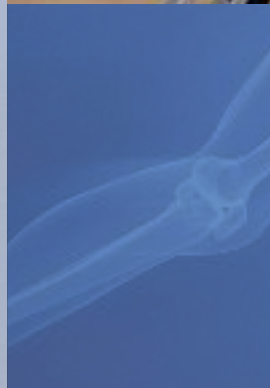
#### SRO Sports Injury Screening Clinic

This free weekly clinic provides sports injury screening for middle school, high school and college athletes who are involved in organized, sanctioned team sports and have sustained a recent athletic orthopaedic injury. Call 546-1922 x 5404 for more information.

#### Santa Rosa Orthopaedics Sports Medicine & Rehabilitation

34 Mark West Springs Road, Suite 300  
Santa Rosa, CA 95403  
Phone: (707) 546-1922  
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[www.srortho.com](http://www.srortho.com)



## SRO Sports Medicine and Rehabilitation

**SR** SANTA  
ROSA  
ORTHOPAEDICS

EXPERTISE. CARE. HEALING.

## Meet our SRO Physical and Occupational Therapists



### **Chris Krug, MSPT**

Director of SRO Sports Medicine and Rehabilitation

Chris has been the Director of SRO Sports Medicine and Rehabilitation since its opening in 2004.

He received his BA in biology with honors from UC Santa Cruz in 1991 and graduated with an MS in physical therapy from the University of the Pacific in 1994. Chris has extensive post-graduate training in manual therapy techniques and orthopaedic exercise progressions with emphasis on shoulder, knee and low back injuries.

### **Pat Hall, PT**



Pat has been practicing physical therapy over thirty years, since receiving a BS in physical therapy with highest honors from Ithaca College. She has extensive experience in outpatient orthopaedic therapy.

Pat enjoys helping people of all ages return to sport, work and leisure activity. She believes strongly in the importance of patient education and correction of posture and body mechanics in maximizing functional recovery. She joined the staff at SRO Sports Medicine and Rehabilitation at its inception in 2004.



### **Tom Sather, Ph.D., PT**

Tom is a knowledgeable therapist with thirty years of orthopaedic and sports medicine experience. Tom graduated with distinction with a BS degree in biological sciences from the University of Arizona, completed his MA degree in physical therapy from Stanford University and received his PhD in exercise physiology from University of Arizona.

Tom is the liaison between SRO's Sports Medicine and Rehabilitation and Sonoma State Athletic Training Center. He also assists the Empire Volleyball Club with injury prevention programs and is involved with the Puma Athletic Committee at Maria Carrillo High School.



### **Jennifer Henshaw-LeFever, OTR/L, CHT, PA**

Jennifer is a licensed occupational therapist and nationally certified hand therapist. She earned her degree in occupational therapy from San Jose State in 1982.

Jennifer was elected to the American Society of Hand Therapists in 1986 and became nationally certified as a hand therapist in 1991. She has worked in hand therapy in clinics in San Jose, Santa Rosa and Sonoma. She joined SRO Sports Medicine and Rehabilitation in November 2005.