



“I’m absolutely thrilled that I was referred to Dr. McDermott, and I deeply appreciate all that he’s done for me.” ~ Bob Swedberg

While most of us start slowing down as we age, Bob Swedberg is doing just the opposite.

At 74, Bob makes annual trips to the Bonneville Salt Flats in Utah, home of the land speed records, where Bob works with a support crew on vehicles that go as fast as 350 m.p.h. A retired mechanic, Bob began noticing pain in both shoulders in his 60s. The pain progressed with time, and Bob’s primary doctor referred him to Dr. McDermott at SRO. X-rays of Bob’s shoulders revealed significant deterioration of both shoulder joints. Last year, Bob had a total shoulder replacement procedure done on each shoulder with Dr. McDermott, and today his range of motion is completely restored and his pain is gone.

Bob Swedberg currently lives in Lake County with his wife, and the two of them enjoy traveling together. Dr. McDermott has shown Bob what thousands of other patients have discovered over the years: Santa Rosa Orthopaedic physicians care and pride themselves on getting you back to the activities you love most.

Bob explains, “I’ve always been very active with my hands and arms. I have a hobby machine shop in my basement at home and I enjoy practicing carpentry in my free time, but before my surgery I couldn’t work for long before the pain took over. My experience with Dr. McDermott was extremely positive from the day I met him. He was great in the office, in the operating room, and at the hospital during my recovery. I had my second surgery with Dr. McDermott in July 2014, and today my arms and shoulders feel so normal that I find myself forgetting entirely that I now have prosthetic joints in my shoulders.

My physical therapists at Clearlake Physical Therapy have also been very kind and professional in helping me follow the rehabilitation plan that Dr. McDermott set for me. One of my physical therapists continues to express shock at the range of motion I have on both sides—she told me she had never seen someone who could completely lift his arms above the head after shoulder replacement surgery. I can even reach between my shoulder blades to scratch my back! I’m absolutely thrilled that I was referred to Dr. McDermott, and I deeply appreciate all that he’s done for me.”



Dr. Michael McDermott