

***The Sports Medicine Center at SRO***

provides a comprehensive, interdisciplinary approach to the prevention and treatment of injuries in athletes of all ages. We understand athletes. We know that you'll do everything feasible to prevent injury, while maintaining your vigorous lifestyle. We also know that if you become injured, you want to recover as quickly and safely as possible.

Our experienced team of nine fellowship-trained orthopaedic surgeons, physical therapists, and support staff work together to care for recreational, high school, collegiate, Olympic, and professional athletes. From injury prevention to diagnosis, treatment, and rehabilitation of sports injuries, our team specializes in the evaluation and management of injuries and illnesses that affect physically active people at all competitive levels.

**SRO: Your First Step Toward Better Health**

You are invited to schedule an appointment with The Sports Medicine Center at SRO by calling (707) 546-1922. Select Option 1 to reach our central scheduling department. You may request to see a specific physician, or you may choose to be referred to any of our outstanding physicians according to the specific specialty you require or by earliest availability. In most cases requiring immediate attention, the physician on-call for the group may see you that day.



**MONTGOMERY**

Santa Rosa Orthopaedic Medical Group  
1405 Montgomery Drive  
Santa Rosa, CA 95405  
(707) 546-1922  
fax (707) 528-1602



**STONY CIRCLE**

Santa Rosa Orthopaedics  
Sports Medicine & Rehabilitation  
131B Stony Circle, Suite 2000  
Santa Rosa, CA 95401  
(707) 546-1922  
fax (707) 569-8620

[www.srortho.com](http://www.srortho.com)

**SR** SANTA  
ROSA  
**ORTHOPAEDICS**  
EXPERTISE. CARE. HEALING.



**The Sports Medicine Center at SRO**



*Caring for The North Bay's Athletic and Fitness Community*

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ROSA  
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EXPERTISE. CARE. HEALING.



*Put Our Team Of Experts On Your Team*

The Sports Medicine Center at SRO is the only one of its kind in California, north of San Francisco that combines orthopaedic trained fellows in Sports Medicine, physical therapist trained in exercise physiology, in-house imaging, all housed in a state-of-the-art 10,000 square foot sports medicine rehabilitation center.





## EXPERIENCE A UNIQUE CONTINUUM OF CARE



## SUPPORTING THE NORTH BAY WITH INNOVATIVE PROGRAMS

### COMPREHENSIVE CARE FOR SPORTS INJURIES

At the Sports Medicine Center at SRO, you benefit from the combined knowledge of our expert medical team. Patients at the Sports Medicine Center at SRO receive care from orthopaedic physicians, pain specialists, physical therapists, diagnostic imaging specialists, and surgeons trained in sports medicine who are experienced in innovative, minimally invasive surgical techniques.

SRO's commitment to excellence is reflected by the skills of our nine orthopaedic surgeons. SRO offers board-certified and fellowship trained surgeons, each of whom are recognized as foremost authorities in one of several subspecialties including – including sports medicine, arthroscopic surgery, and surgery of the knee, shoulder, elbow, foot and ankle, hand and wrist, and spine. SRO has been providing quality, compassionate care for over 60 years.



### *The Sports Medicine and Rehabilitation Center*

The heart of SRO's extraordinary continuum of care is the Sports Medicine and Rehabilitation Center—a medically advanced, 10,000-square foot facility equipped with specialized technology designed to enhance patient recovery and rehabilitation.



Our experienced, highly skilled physical and occupational therapists have completed extensive post-graduate education in orthopaedics and sports rehabilitation, and stay current on the most effective methods of injury prevention and rehabilitation.

SRO's physicians believe that your therapy experience is critical to your recovery from injury or surgery. Thus, our approach focuses on comprehensive care, creating a synergy between your treating physician, therapists, and support staff. With all of our personnel and equipment in a single location, you are assured of ongoing, immediate, and direct access to your orthopaedic specialist. Also, our therapists seek counsel from your physician, and provide timely reports on your progress.

Every member of your care team is committed to working with you to help you return to your optimal level of performance.

### *Imaging Services*

Our onsite diagnostic imaging department aids our physicians in quickly and accurately diagnosing your injury or condition. Because radiologic exams are common during an orthopaedic visit, we have developed programs that are efficient, effective, and convenient.

The Sports Medicine Center at SRO offers comprehensive diagnostic x-ray capabilities. We have also incorporated a state-of-the-art open Magnetic Resonance Extremity (MRI) Scanner, helping to eliminate the claustrophobic feeling some patients experience with traditional MRI. Each of our technologists is fully certified in his or her area of expertise. All of our MRI interpretations are performed by board-certified radiologists specializing in musculoskeletal diagnoses.



### *Sportsmetrics™*

Sportsmetrics™ is the first training program scientifically proven to decrease serious knee ligament injuries in female athletes. Anterior cruciate ligament (ACL) injury rates are two to 10 times higher in female athletes than in males. SRO has developed a unique approach to injury prevention and performance enhancement — Sportsmetrics™.

### *SRO Sports Injury Screening Clinic*

This free weekly clinic provides sports injury screening for middle school, high school, and college athletes who are involved in organized, sanctioned team sports and have sustained a recent athletic orthopaedic injury.

For more information about these programs, call us at (707) 546-5404.

### *Active In The Local Arena*

Throughout our 60-plus years of commitment to Sonoma County and the North Bay, Santa Rosa Orthopaedics has actively supported local athletic programs, sponsored charitable events, and offered educational programs and workshops to the public. We continue to welcome opportunities to help inform our community, and contribute to the health of our neighbors and friends.

SRO proudly offers direct, on-field team coverage and injury prevention programs for professional, collegiate and secondary schools throughout Sonoma County.